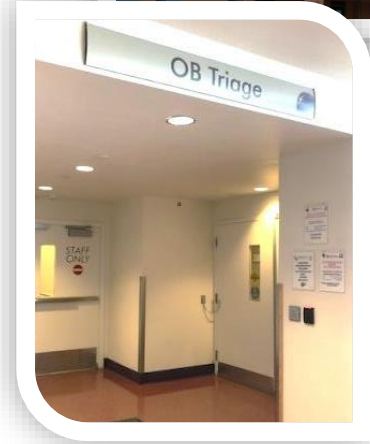


## What is OB Triage?

An emergency room for pregnant and postpartum women

## Who should be seen in OB Triage?

- ❖ Pregnant women who get prenatal care with a UNM provider and
  - Have an urgent problem that cannot wait for clinic to open
  - Are sent by a provider for evaluation
  - Need testing that cannot be done in clinic
- ❖ Women who are postpartum, up to 6 weeks



## *Should I go to OB Triage now?*

**Go to OB Triage immediately**

Less than 37 weeks with contractions or with water breaking

Any time in pregnancy or postpartum with:

- Trauma to abdomen
- Severe headache that has not gone away after taking Tylenol
- Visual changes/blurred vision
- Seizures or fainting
- Heavy vaginal bleeding
- Feeling something in the vagina
- Unable to breathe
- Constant chest pain
- Severe abdominal pain

Postpartum with wound that is red or swollen or abdomen that is very tender

**Go to OB Triage if the following does not resolve within a few hours**

More than 37 weeks with:

- strong contractions every 3-5 minutes or closer for 1 hour
- water breaking

More than 24 weeks with decreased fetal movement

Any time in pregnancy with spotting not related to recent vaginal exam or sex

Any time in pregnancy or postpartum with:

- Fever (greater 100.4)
- Diarrhea more than 5 times a day
- Vomiting more than 4 times a day
- Leg swelling on one side
- Pain with urination or urinating much more often than normal

**Call the your clinic nurse or the nurse advice line**

More than 37 weeks with irregular contractions or cramping

More than 24 weeks with vomiting 1-2 times a day

Any time in pregnancy with:

- Cold symptoms or sore throat
- Toothache or earache
- Vaginal discharge with itch or bad odor
- Ongoing constipation
- Ligament pain
- Prescription refill