

Ramona is a 35 year old G2P1011 woman with anxiety and hypothyroidism who presents to clinic with 3 months of abnormal periods. In the past, her periods came on the 5th or 6th of each month and have lasted for 4 days. However, for the past six months her periods have come every 3 weeks. The bleeding has lasted up to 10 days. She has had heavy bleeding for the last 6 days. Yesterday she found a clot in her menstrual cup which is why she made this appointment.

1. How do we define abnormal uterine bleeding?
 2. What framework do you use to assess AUB? What causes would you consider?
 3. What more would you ask about in her history?
 4. What would you do in terms of a physical exam, labs?
 5. When would you do an endometrial biopsy? How is this done?
 6. When would you do a transvaginal ultrasound?
 7. When is AUB considered emergent? What are the emergent interventions?
 8. How would you treat non-emergent heavy uterine bleeding?
-

Ramona is a 35 year old G2P1011 woman with anxiety and hypothyroidism who presents to clinic with 3 months of abnormal periods. In the past, her periods came on the 5th or 6th of each month and have lasted for 4 days. However, for the past six months her periods have come every 3 weeks. The bleeding has lasted up to 10 days. She has had heavy bleeding for the last 6 days. Yesterday she found a clot in her menstrual cup which is why she made this appointment.

1. How do we define abnormal uterine bleeding?
 2. What framework do you use to assess AUB? What causes would you consider?
 3. What more would you ask about in her history?
 4. What would you do in terms of a physical exam, labs?
 5. When would you do an endometrial biopsy? How is this done?
 6. When would you do a transvaginal ultrasound?
 7. When is AUB considered emergent? What are the emergent interventions?
 8. How would you treat non-emergent heavy uterine bleeding?
-

Ramona is a 35 year old G2P1011 woman with anxiety and hypothyroidism who presents to clinic with 3 months of abnormal periods. In the past, her periods came on the 5th or 6th of each month and have lasted for 4 days. However, for the past six months her periods have come every 3 weeks. The bleeding has lasted up to 10 days. She has had heavy bleeding for the last 6 days. Yesterday she found a clot in her menstrual cup which is why she made this appointment.

1. How do we define abnormal uterine bleeding?
2. What framework do you use to assess AUB? What causes would you consider?
3. What more would you ask about in her history?
4. What would you do in terms of a physical exam, labs?
5. When would you do an endometrial biopsy? How is this done?
6. When would you do a transvaginal ultrasound?
7. When is AUB considered emergent? What are the emergent interventions?
8. How would you treat non-emergent heavy uterine bleeding?