

Trigger point Injection

1% Lidocaine

18 gauge to draw up lidocaine

25gauge 1 ½ needles for injection

2x2 sterile gauze

Alcohol pad

Consent Form (sign witness)

Time out

Intra-Articular Injections

18gauge 1inch Needle to draw up

3cc syringe (will hold Steroid and Lidocaine)

10cc syringe

21 gauge 1 ½ needle or 22gauge 1 ½ needle

Betadine swab

1% lidocaine

Depomedrol or Solumedrol 40mg or 80mg (ask which one)

Alcohol pad

Sterile 2x2

Band Aid

Consent Form (sign witness)

Time Out

Clean site using wash cloth and warm water

- **Leave 18gauge on 3cc syringe**
- **Put 22gauge 1 ½ needle on 10cc syringe**

1:1

(Example: 80 Depomedrol 1cc Lidocaine)

(Example: 40 Depomedrol 1cc Lidocaine)

**Sometimes you will have to spilt the 40 Depomedrol to 20/20
depomedrol with 1cc for each 20**

Euflexxa shots – Dr. Jones

Consent form (sign witness)

Time-out

Pull Euflexxa using patient last name

10cc Syringe

22gauge 1 ½ needle

Betadine Swabs

Sterile 2x2 gauze

Clean site using wash cloth and warm water

Placed gauze and Band-Aid

- **Leave 22gauge on 10cc syringe**

Skin tag Removal

1% Lidocaine with Epinephrine

18gauge needle to draw up

25gauge 5/8 needle

5cc syringe

Electro Cautery/ Silver nitrate sticks

Iris straight scissors

Forceps with teeth

Sterile 4x4 gauze

Sterile 2x2 gauze

Betadine swabs

Chux

Consent form (sign witness)

TIME OUT

CRYO PROCEDURES

Skin Lesion

K-Y gel

Q-tip

Cryo tip

Cryo tank

Consent form (sign witness)

TIME OUT

Warts

K-Y gel

Q-tip

#15 blade

Cryo Tank

Cryo tip

Consent form (sign witness)

TIME OUT

Skin lesion/Mole excision

#15 Or #11 Blade

18gauge 1 inch needles to draw up Lidocaine

3cc and 5cc Syringes

22 gauge 1 ½ needles

Lidocaine 1% with Epinephrine

4x4 sterile gauze

Forceps with teeth

Small Hemostat

Needle driver

Iris Straight scissors

5.0 Or 4.0 Vicryl suture (Ask which one)

5.0 Or 4.0 prolene suture (Ask which one)

Betadine Swab

Alcohol pad

2x2 gauze

Chux

Triple Antibiotic ointment (pull from Pyxis under patient name)

Consent form (sign witness)

TIME OUT

Planter Fasciitis injections

(Heel Spurs)

3cc Syringes

18gauge needle

22 or 25 1 ½ inch needle

Depomedrol (pull under patient name)

Lidocaine 1% without epinephrine

Betadine swab

Sterile 4x4 gauze

Band Aids

Gloves (Large Dr. Jones)

Consent Form (sign witness)

TIME OUT

IUD TRAY/Setup

Betadine Swabs

Large cotton swab

Ring forceps

Long-handled scissors

Tenaculum

Uterine sound

Uterine dilator

Sterile 4x4 (boat)

Pap light

IUD (paragard or Mirena)

Sterile Gloves (Dr. Jones 7 ½)

Chux

Consent form (sign witness)

TIME OUT

Punch Biopsy

1% Lidocaine with Epinephrine

18gauge needle to draw up lidocaine

22-25 1 ½ gauge needle injection

4 6 or 8 mm punch biopsy (ask which one)

Iris Straight scissors

Forceps with teeth

Needle driver

Betadine swab

4.0 Or 5.0 Prolene Suture

Sterile 4x4 (boat)

Alcohol pad

Sterile Drape fenestrated

Sterile towels

Sterile gloves (Dr. Jones 7 ½)

Formalin

Chux

Consent form (sign witness)

TIME OUT

Thrombosed Hemorrhoids

3-5cc syringe

18 gauge needle to draw up lidocaine

22 1 ½ inch needle

Lidocaine 1% without epinephrine

#11 or #15 Blade

Small straight or Curved Hemostat (ask which one)

Sterile 4x4 (boat)

Sterile gloves (Dr. Jones 7 ½)

Chux

Consent Form (sign witness)

TIME OUT

Cyst Aspiration

Consent form (sign witness)

TIME OUT

Betadine swab

Alcohol pad

Two 18 Gauge 1 ½ needles

25 gauge 5/8 needle

Lidocaine 1% with Epinephrine

2x2 gauze

1 inch dermicel tape

Kidney basin

Ingrown Toe nail Removal

Phenol (pull under patient name one for each toe)

Sterile Q-tip

Nail cutter

Straight hemostats

Bottle isopropyl alcohol

Lidocaine 1% with epinephrine

10cc syringe (one for each toe)

18gauge 1inch needle to draw up lidocaine

22gauge 1 ½ needles for injection

Sterile 4x4 (boat)

Tube gauze

Tube gauze applicator

Bandage scissors

Triple antibiotic ointment (pull under patient name)

**Large Basin enough to soak foot (add Betadine to warm water soak
for 10 Minutes)**

Consent form (sign witness)

TIME OUT

Vasectomy/Circumcision

Consent form (sign witness)

TIME OUT

Vasectomy Tray

4x4 sterile (boat)

Sterile drape fenestrated

Sterile Towel

#15 blade

Betadine swab

2% Lidocaine with epinephrine (DON'T DRAW UP)

18gauge 1 inch needle

22 gauge 1 ½ inch needle

4.0 Vicryl suture

3.0 silk Suture

Single use Electro cautery

Tape

Gown

Extra curved Hemostat